

# Troop 171

## Winter Camping Checklist

(modify for spring or fall conditions)



### MAJOR EQUIPMENT \*\*\*\*\*

- \_\_\_\_\_ Pack (external or internal frame)(medium to high quality - padded shoulder and hip straps REQUIRED!)
- \_\_\_\_\_ Sleeping bag (down or synthetic. Plan on approximately zero degree nights.)
- \_\_\_\_\_ Foam pad (Essential. An air mattress is not good for winter camping. (ThermaRest or closed cell foam)
- \_\_\_\_\_ Accessory straps (used to attach sleeping bag and foam to pack frame. Belts, bungee cords, or rope do not work very well!)

### CLOTHING \*\*\*\*\*

- \_\_\_\_\_ Winter coat (or a vest and a shell parka)
- \_\_\_\_\_ Long sleeve shirts (2 recommended. Synthetic or wool is best)
- \_\_\_\_\_ Long underwear (tops and bottoms - polypro is best)
- \_\_\_\_\_ Wool socks (3 pair are essential for winter camping - thick ones)
- \_\_\_\_\_ Inner socks (3 pair, synthetic, no cotton)
- \_\_\_\_\_ Booties (synthetic or down)
- \_\_\_\_\_ Overbooties (can be expensive and hard to find)
- \_\_\_\_\_ Pants (2 changes required. Wool pants, snow pants or insulated pants – no cotton jeans)
- \_\_\_\_\_ Gloves or mittens (mittens are the warmest. 2 PAIR REQUIRED)
- \_\_\_\_\_ Boots (waterproofed. Snowmobile or felt insulated such as Sorels are the best.)

**DRESS IN LAYERS!**  
 Long underwear - pants/shirt – insulation  
 layer – outer wind/water layer

\_\_\_\_\_ Underwear (2 changes)

### NO TENNIS SHOES OR LIGHTWEIGHT NYLON BOOTS.

- \_\_\_\_\_ Wool ski cap (balaclava style with facemask is best)
- \_\_\_\_\_ Gaiters (if available)

### +++ REMEMBER: DRESS IN LAYERS ON WINTER TRIPS! +++

### EATING GEAR \*\*\*\*\*

- \_\_\_\_\_ Bowl (don't bring the entire kit)
- \_\_\_\_\_ Spoon
- \_\_\_\_\_ Water bottle (Wide mouth bottle is best) (FILL IT AND DRINK IT TO AVOID DEHYDRATION!).
- \_\_\_\_\_ Cup (insulated plastic is the best)
- \_\_\_\_\_ Sun Screen (IMPORTANT)

### TOILET ARTICLES \*\*\*\*\*

- \_\_\_\_\_ Personal toilet paper (small role in zip lock bag.)
- \_\_\_\_\_ Toothbrush and toothpaste (small travel size)
- \_\_\_\_\_ Chapstick or lip balm

### MISCELLANEOUS ITEMS \*\*\*\*\*

- \_\_\_\_\_ Headlamp (preferred) or small flashlight (AA or AAA size - with fresh alkaline or lithium batteries) Include extra batteries
- \_\_\_\_\_ Money (for stops on the way if an extended drive)
- \_\_\_\_\_ Nylon camping cord (50 feet)(NOT OPTIONAL)
- \_\_\_\_\_ Pocket knife
- \_\_\_\_\_ Pencil and pad of paper
- \_\_\_\_\_ Sunglasses (IMPORTANT)
- \_\_\_\_\_ Disposable Hand Warmers (great for cold hands and put in boots at night)
- \_\_\_\_\_ Matches (in a waterproof case - prescription bottles work great)
- \_\_\_\_\_ Large garbage bag or pack cover (to cover your pack at night.)
- \_\_\_\_\_ Personal First Aid Supplies (moleskin, Band Aids, Tylenol, etc.)
- \_\_\_\_\_ Prescription or non-prescription medications (give the trip leader a duplicate of important medications)
- \_\_\_\_\_ Whistle (plastic on a neck lanyard – not metal)
- \_\_\_\_\_ Compass
- \_\_\_\_\_ Scout Handbook (for Tenderfoot, 2<sup>nd</sup> or 1<sup>st</sup> Class)
- \_\_\_\_\_ Survival kit (if available)
- \_\_\_\_\_ Healthy Munchies

### SPECIAL GEAR FOR A SNOW CAVING TRIP

- \_\_\_\_\_ Extra gloves and mittens (3 is not too many)
- \_\_\_\_\_ Shovel (w/ your name on it)(avalanche or small folding style)
- \_\_\_\_\_ Extra change of clothes (2 changes are nice)
- \_\_\_\_\_ Rain jacket and pants or chaps
- \_\_\_\_\_ 5 gal. bucket
- \_\_\_\_\_ Ground cloth for floor of cave

### SPECIAL GEAR TO TAKE WHEN SKIING OR HIKING IN THE WINTER

- \_\_\_\_\_ Daypack (to carry gear on the trail)
- \_\_\_\_\_ Munchies (granola bars, gorp, etc.)
- \_\_\_\_\_ Compass
- \_\_\_\_\_ Spare gloves or mittens
- \_\_\_\_\_ Survival Kit (if available)
- \_\_\_\_\_ Water bottle (drink at least 1 liter)
- \_\_\_\_\_ Eating utensils for lunch
- \_\_\_\_\_ Spare wool socks
- \_\_\_\_\_ Headlamp
- \_\_\_\_\_ Matches in waterproof bottle

### PATROL LEADER ITEMS FOR THE TRAIL \*\*\*\*\*

- \_\_\_\_\_ Watch
- \_\_\_\_\_ Pencil and notebook
- \_\_\_\_\_ Sled repair kit (tape, pliers, screws, etc.)
- \_\_\_\_\_ Other items on the sled list provided to Patrol Leaders
- \_\_\_\_\_ Scout Handbook
- \_\_\_\_\_ Compass
- \_\_\_\_\_ Troop 2-way radio (channel 7.5)