

Troop 171

Winter Camping Checklist

(modify for spring or fall conditions)



MAJOR EQUIPMENT *****

- _____ Pack (external or internal frame)(medium to high quality - padded shoulder and hip straps REQUIRED!)
- _____ Sleeping bag (down or Polarguard. Plan on approximately zero degree nights.)
- _____ Foam pad (Essential. An air mattress is not good for winter camping. ThermaRest pads are GREAT)
- _____ Accessory straps (used to attach sleeping bag and foam to pack frame. Belts, bungee cords, or rope do not work very well!)

NOTE: Wear wool or polypro as much as possible. Avoid cotton if you can!

CLOTHING *****

- _____ Winter coat (or a vest and a shell parka)
- _____ Long sleeve shirts (2 recommended. Wool is best but not essential.)
- _____ Long underwear (bottoms are the most important and polypro is best)
- _____ Rag Wool socks (3 pair are essential for winter camping - thick ones)
- _____ Inner socks (3 pair, polypro is the best) _____ Underwear (2 changes)
- _____ Polarguard or down booties (polarguard is best)
- _____ Overbooties (can be homemade from troop pattern)
- _____ Pants (2 changes required. Wool pants are the best but jeans will do if nothing else is available.)
- _____ Gloves or mittens (mittens are the warmest. 2 PAIR IF AVAILABLE.)
- _____ Boots (waterproofed. Snowmobile or felt insulated such as Sorels are the best.)

NO TENNIS SHOES OR LIGHTWEIGHT NYLON BOOTS.

- _____ Wool ski cap (balaclava style with facemask is best) _____ Gaiters (very important)

+++ REMEMBER: DRESS IN LAYERS ON WINTER TRIPS! +++

EATING GEAR *****

- _____ Bowl (don't bring the entire kit) _____ Cup (insulated plastic is the best)
- _____ Spoon _____ Sun Screen (IMPORTANT)
- _____ Water bottle or canteen (Wide mouth bottle is best) (FILL IT AND DRINK IT TO AVOID DEHYDRATION!).

TOILET ARTICLES *****

- _____ Personal toilet paper (small role in zip lock bag.) _____ Chapstick or lipbalm
- _____ Toothbrush and toothpaste (keep in 35 mm film can)

MISCELLANEOUS ITEMS *****

- _____ Flashlight (w/NEW alkaline batteries) _____ Money (for stops on the way)
- _____ Nylon camping cord (50 feet)(NOT OPTIONAL) _____ Compass
- _____ Pocket knife _____ Scout Handbook
- _____ Pencil and pad of paper _____ Survival kit
- _____ Sunglasses (IMPORTANT) _____ Healthy Munchies
- _____ Spare batteries (new alkaline) _____ Disposable Hand Warmers
- _____ Small Flashlight (AA size)(with fresh alkaline batteries) _____ (great for cold hands and to put in boots at night!)
- _____ Matches (in a waterproof case - prescription bottles work great.)
- _____ Large garbage bag or pack cover (to cover your pack at night.)
- _____ Personal First Aid Supplies (moleskin, Band Aids, Tylenol, etc.)
- _____ Prescription or non-prescription medications (give the trip leader a duplicate of important medications)

SPECIAL GEAR FOR A SNOW CAVING TRIP

- _____ Extra gloves and mittens (3 is not too many) _____ Rain jacket and pants or chaps
- _____ Shovel (w/ your name on it)(small folding) _____ 5 gal. bucket
- _____ Extra change of clothes (2 changes are nice) _____ Ground cloth for floor of cave

SPECIAL GEAR TO TAKE WHEN SKIING OR HIKING IN THE WINTER

- _____ Daypack (to carry gear on the trail) _____ Water bottle (drink at least 1 liter)
- _____ Munchies (granola bars, gorp, etc.) _____ Eating utensils for lunch
- _____ Compass _____ Spare wool socks
- _____ Spare gloves or mittens _____ Flashlight
- _____ Survival Kit (if available) _____ Matches

PATROL LEADER ITEMS FOR THE TRAIL *****

- _____ Watch
- _____ Pencil and notebook
- _____ Nugget bag
- _____ Sled repair kit (tape, pliers, screws, etc.)

- _____ Scout Handbook
- _____ Compass
- _____ Other items on the Sled list provided
to Patrol Leaders